My eye test at school

This leaflet should be read through with the child before their eye test so they know what to expect when they arrive.

My teacher/teaching assistant will take me to the medical room.

I will meet the orthoptist. The orthoptist is a person who looks at how my eyes move.

During the test I will have to wear some glasses, with one eye covered, or a patch over my glasses if I already have a pair. Then we can tell how well each eye can see.
I will be asked to look at some toys. This is to see if my eyes work together.

I might have some drops put in my eyes. They may feel a bit tingly and will make things look fuzzy and brighter.

I will need to wait for the drops to work in my classroom.

I will meet an optometrist. An optometrist is a person who tests to see if I need glasses and checks that my eyes are healthy.

I have to look at a bright torch. The room will be dark.
My eyes might be OK.

I might need to wear glasses and/or a patch.

I may come back to see the orthoptist.

I can then say goodbye and go back to my classroom.