Barium swallow and meal

If you have stomach problems, visit your doctor.

Your doctor might send you to hospital for a barium test.

A barium test is like an x-ray.

The test lets the doctor look at your stomach.

You must not eat or drink for 6 hours before the test.
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At the hospital you will drink some barium.

You will swallow the barium as you are x-rayed.

The doctor watches the barium move to your stomach.

The test lasts about sixty minutes.

After the test you can eat and drink.

Drink plenty of water.