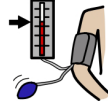
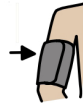
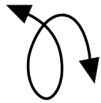


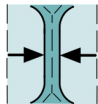
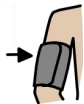
## Checking your blood pressure



The nurse can check your blood pressure.



The nurse will wrap a band around your arm.



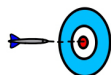
The band will feel tight.



The machine will tell the nurse your blood pressure.



The nurse may give you advice on your blood pressure.



Your target blood pressure is **130 / 80**