Going to Hospital

Hospital Treatment

If you are ill or hurt you may have to go to hospital.
The hospital will give you treatment and care.

Treatment may be medicines, scans, physio and operations.
Going to hospital

An ambulance or taxi may drive you to hospital. Or a friend, family member or carer may take you to hospital.

Things to bring

Bring nightwear and toiletries.

Bring your medication and health passport.

You can bring things to read, watch and listen to.

Write your name on things.
Arriving at the ward

A ward is a room with hospital beds.
All wards will have a bathroom and male and female toilets.
The hospital may have a shop, spiritual room and post box.

When you arrive, a nurse will take you to your bed.
The nurse will give you a medical bracelet.

The nurse will show the nurse call button.

When you arrive, the nurse will ask you some questions.
Your answers will help the nurse give you the right treatment.
During your stay

Your bed may have a locker, table and chair.

Meals will be brought to your bed.
You can choose meals from a menu.

You can call the nurse if you are hungry or thirsty.

You can read books and magazines.
You can watch tv or a portable DVD player.
You can listen to the radio or an mp3 player.
You can use portable games or tablets.
Your treatment

You will talk to lots of different hospital staff.

You will talk to a doctor about your treatment.

If you don’t understand or are worried ask the doctor.

A nurse will bring you medication at the right times.

You can call the nurse if you feel sick, in pain or scared.
Friends and family

Your family and friends can visit you.
You will need to check the visiting times.

You can send and receive letters.
You can make and receive calls.

Some wards may allow internet access.