

## **Having an EEG**









An EEG helps the doctor diagnose:





















An EEG shows brain activity.







EEG's do not hurt.









Before the EEG you must wash your hair.







Do not use hair gel or hair spray,





## **Having an EEG**









An EEG can be done in hospital, a clinic or at home.





You will sit down for the EEG





The nurse will measure your head.







Small discs are put onto your head with paste.





The nurse may ask you to:





look at flashing lights





open and close your eyes



take deep breaths



stay still





## **Having an EEG**





The EEG will take an hour.









After the EEG you can go home.







The results will be sent to your doctor.

