Visiting the dentist

When you arrive tell the receptionist.

Then wait for the dentist.

Your name will be called when it's your appointment.

Sit in the dental chair.

The dentist will check your teeth.

It's important to visit the dentist at least once a year.
Visiting the dentist

The dentist can:

- give advice on healthy teeth
- scale and polish your teeth
- help with fillings
- help with braces
- x-ray your teeth
- take a tooth out

When the dentist has finished, rinse your mouth out.

The dentist may make another appointment for you.